

## BREAST FEEDING WEEK CELEBRATIONS

### Theme: Sustaining Breast Feeding together

The Narayana College of Nursing, under the NSS unit in collaboration with the Child Health Nursing Departments, celebrated Breastfeeding Week from August 1<sup>st</sup> to 7<sup>th</sup>, 2021, 9AM to 12PM. with the theme “Sustaining Breastfeeding Together.” The event was conducted in various locations over seven days. Activities included PowerPoint presentations on breastfeeding techniques at the OPD, a puppet show in the paediatric department, a live exhibition on postnatal diet, a demonstration on breastfeeding using a baby mannequin, a health education skit at the OPD, NMCH and a hands-on session in the obstetrics ward. Additionally, competitions such as pencil drawing, elocution, and a quiz were held for students. The final day featured a grand celebration at the college auditorium, including a skit, mime, and certificate distribution for competition winners. The event successfully educated antenatal and postnatal mothers while actively engaging students in promoting breastfeeding awareness.



## IMMUNIZATION PROGRAM

**Theme for the event was "Vaccinate to Protect: Every Child, Every Vaccine."**

The Immunization Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, took place from March 10<sup>th</sup> 9:00 AM to 12:00 PM. At Venkatachalam mandalam, Nellore 2021. The main objective was to promote the importance of immunization in preventing childhood diseases and to address vaccine-related myths. The theme for the event was "Vaccinate to Protect: Every Child, Every Vaccine." The program included expert lectures, demonstrations, and distribution of informational brochures. The outcome was a better understanding of immunization schedules and increased confidence in vaccine safety. It successfully encouraged the community to prioritize immunization for children.



## SAVE GIRL CHILD PROGRAM

**Theme for the event was "Protect the Girl Child, Empower the Nation."**

The "Save the Girl Child" Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from January 24<sup>th</sup> 9:00 AM to 12:00 PM at III floor, auditorium, NCON 2021. The objective was to spread awareness about the importance of gender equality and the protection of the girl child. The theme for the event was "Protect the Girl Child, Empower the Nation." The program included informative sessions, discussions on the rights of girls, and distribution of pamphlets to highlight their health, education, and safety. The outcome was heightened awareness regarding the challenges faced by girls and the importance of their protection. It inspired the community to actively support and promotes the welfare of girls.



## SCHOOL HEALTH PROGRAM

**Theme for the event was "Healthy Children, Bright Future."**

The School Health Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from April 10<sup>th</sup> 9:00 AM to 12:00 PM at primary school, TP Gudur, Nellore 2021. The objective was to enhance the health and well-being of school children by educating them on healthy habits, hygiene, and disease prevention. The program included health assessments, interactive health education sessions, and distribution of informative materials. The outcome was improved awareness about maintaining physical and mental health among students. It encouraged both children and parents to prioritize health for academic and personal success.





## SCHOOL HEALTH SCREENING PROGRAM

**Theme for the event was "A Healthy Start for Every Child."**

The School Health Screening Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, took place from 25.04.2021 9:00 AM to 12:00 PM at primary school, kakutur, Venkatachalam, Nellore 2021. The objective was to provide comprehensive health assessments for school children and promote early intervention for health issues. The theme for the event was "A Healthy Start for Every Child." The program included physical exams, vision and hearing tests, and health education on maintaining a healthy lifestyle. The outcome was the early identification of health conditions and increased awareness among children and parents about the importance of regular health screenings. It successfully encouraged healthier habits and preventive care practices.



## SPECIAL NUTRITIONAL PROGRAM

**Theme for the event was "Nutrition: The Key to a Healthy Future."**

The Special Nutritional Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, took place from September 1<sup>st</sup>, 9:00 AM to 12:00 PM at primary school, TP Gudur, Nellore 2021. The objective was to raise awareness about the importance of special nutrition for children with specific health conditions and dietary requirements. The theme for the event was "Nutrition: The Key to a Healthy Future." The program included expert talks on managing nutritional needs for various conditions, practical cooking demonstrations, and distribution of educational materials. The outcome was increased understanding of specialized nutrition and how it can improve overall health. It successfully motivated participants to incorporate better nutritional practices into their daily routines.

